



CAMPBELLTOWN  
SOUTH AUSTRALIA

# Prospectus 2020

***Enrolments for 2020 will be accepted (with payment) from the date of issue of the Term 4 2019 Newsletter and will be recorded in the order in which they are received.***

***See Page 3 for further details about enrolment deadlines.***

# **REGISTRATION & ENROLMENT FOR 2020**

*Participation in U3A Campbelltown is by registration of membership, not by payment of course fees.*

*Membership of U3A is a commitment to participating in the life of the organisation, not just a means of accessing cheap courses.*

*Similarly, if you enrol in a course/group you are committing to attend every time. Please notify the U3AC Office as soon as possible and inform the tutor/leader if you cannot attend or are withdrawing from the course. This allows a new participant to be invited to attend in your place.*

**MEMBERSHIP DUES are annual and non-refundable - The Board of Management is pleased to advise that 2020 Membership fees remain at \$50/person or \$90/couple for a full academic year.**

**New members registering after the end of Term 2 pay \$25 per person or \$45 per couple.**

**Honorary membership is extended to those 85 years and over.**

**Enrolment in all activities is then free other than:**

- **Materials** (when provided as part of an activity)
- **Printed notes** (when provided)
- **Outing costs** (admissions, bus hire etc.)

**Affiliate members from other U3AS in South Australia pay \$5 per subject per term.**

**N.B. Our classes, groups and activities operate only during school terms.**

**\*\* ALL CLASSES ARE DECLARED VACANT AT THE END OF EACH CALENDAR YEAR \*\***

## ENROLMENT DEADLINES:

Enrolments will be processed in the order in which they are received with payment. Enrolment forms will be accepted from the date of the issue of the Term 4 Newsletter and the enrolment form will be available with the Newsletter, from the office or downloadable from the U3A Campbelltown SA website:

<https://u3acampbelltownsa.org.au/>

**Before the end of Term 4 2019 – with the enrolment form as outlined above:**

- **By post:** with a cheque or EFT (electronic funds transfer) direct deposit transaction receipt to P.O. Box 359 Campbelltown 5074 by **Thursday 12 December**.
- **In person:** with correct cash, cheque or EFT (electronic funds transfer) direct deposit transaction receipt in a tightly sealed envelope with enrolment form delivered **in person** to the U3A Campbelltown Office **by Thursday 12 December**.

**January 2020 – with the enrolment form as outlined above:**

- **By post:** with a cheque or EFT (electronic funds transfer) direct deposit transaction receipt to P.O. Box 359 Campbelltown 5074 as soon as possible.
- **Late enrolments will also be accepted at the Marchant Community Centre on Wednesday, 22 January and Thursday, 23 January, from 9:15 to 11:15 am.**

***Note – If possible, members are requested to come and collect enrolment printouts, receipts and name badges (if requested) from the U3A Office on Wednesday, 29 January, or Thursday, 30 January, from 9:15 to 11:15 am.***

**Members are encouraged to REGISTER/ RENEW MEMBERSHIP and ENROL FOR COURSES for the whole year.**

**PLEASE NOTE:**

- **Changes and additions to enrolments can be made each term.**
- **Members should note details of their enrolments and assume that their enrolment has been successful, unless advised otherwise.**
- **Members should contact the office immediately if they withdraw from anything for which they have enrolled.**
- **No waiting lists will be kept.**

**PLEASE DO NOT ENROL in**

- **a class or group unless you intend to attend every time it meets,**
- **both Balance and Bones and Bone Density classes, both Yoga classes, both Tai Chi classes,**
- **or any two groups that meet at the same time.**

**How to pay U3A CAMPBELLTOWN INC by EFT (electronic funds transfer) direct deposit.**

Bank: Bank of South Australia  
Branch: Newton  
BSB: 105-152  
Account Number: 035595440  
Account Name: U3A CAMPBELLTOWN INC.  
Reference: InitialSurnameMemberNumber

**Note:** In the Reference field put your Initial followed by your Surname and your Member Number, no spaces. e.g **JBloggs0123**

**Hint:** Copy and Paste the BSB, Account Number and Account Name fields. Attach a copy of the transaction to your Enrolment form.

**Another Hint:** Your U3A Membership number is on your Name Badge. New members also need to complete a Membership Form and be given a number.

**In referring to this Prospectus please note the symbols**

- **New Course/Group/Activity:**



- **Course or activity with limited enrolments:**



# TERMS OF PARTICIPATION

## SAFETY & ETIQUETTE

- It is the responsibility of all members to note emergency evacuation procedures for any venue attended. They are generally mentioned by leaders at the commencement of each course/group/activity and displayed in all premises.
- Please send an apology if you are unable to attend a class. If you are going to be away for an extended period, please let us know.
- If you enrol and then change your mind please let the office know before the beginning of term, or as soon as possible, so you can be removed from the class roll.
- It is the duty of **all students** to help set up and later tidy the room, return furniture to its original position, wash cups, close the blinds and store away any equipment.
- Clearly write your emergency phone number and any allergies or medical problems on the back of your Member Registration badge and wear it to all classes and outings. This will facilitate quick action in the case of any medical emergency.
- While we take every precaution to avoid accidents, they do sometimes happen.
- **Signing the roll for all classes and activities that you attend is your "safety net" in case of an accident and/or insurance claim.**



## **INSURANCE AND EMERGENCIES**

Our insurance does not cover anyone over the age of 85 years, nor does it cover property of members. It is your responsibility to put your emergency contact details on the back of your badge and wear it to all classes. We will call an ambulance if you collapse in class and notify your emergency contact person about what has happened.

**It is the responsibility of all members to ensure that they have personal ambulance cover. U3A Campbelltown cannot reimburse such expenses, even if it is shown later that it was not a life-threatening occurrence.**

## **CLASS VENUES**

- **Unless otherwise stated, all classes/meetings** are held at the Marchant Community Centre, 338 Gorge Road, Athelstone. (Bus 178 Stop 35);
- **Yoga and Tai Chi classes** are held at the Lutheran Homes, 22 Avenue Road, Glynde;
- **Reading for Pleasure** is at the Campbelltown Library at 171 Montacute Road, Newton;
- **Photo-Shoots** will meet at various venues, **Walking Group** at the Paradise Interchange, and **Film Go-ers Group** at the Palace Nova, Rundle Street East.

## **VIABILITY OF COURSES, GROUPS AND ACTIVITIES**

The viability of any activity is determined by the tutor, cost and venue availability. Groups smaller than 5 may be allowed if the tutor/leader agrees. Maximum class/group sizes have been set by the group leader and according to the venue. Rooms and times should not be changed without prior agreement with the President/Secretary (who must firstly notify Council).

## **VOLUNTEERING YOUR TIME**

In the main, our tutors and leaders are all volunteers, as are those who staff our Office. If you would like to start up a group or course or are able to spend regular time in the Office, please contact the Office staff and give details.

## **HOT WEATHER**

Daytime activities may be cancelled when the estimated maximum temperature for the day is above 35C. However, different activities and locations have different demands. Classes should, therefore, make their own decision. Members should check with their course/activity leaders in Terms 1 and 4 to determine the policy for that class/activity. Leaders should ensure that the U3A office is advised of the Hot Weather policy for their class/activity and that students are reminded in Terms 1 and 4.

## **PRIVACY**

- **Contact telephone numbers** are printed on class/activity leaders' lists in case of sickness or accident. Members with "**silent/unlisted telephone numbers**" should indicate this on their enrolment forms. These **will** be provided to leaders/instructors, committee members and office volunteers ("U3A Campbelltown personnel") **confidentially** and **as required** for the purposes of safety and communication but will not be made public or released to other members.
- U3A Campbelltown personnel **will not** divulge contact or residential details and should not be asked to do so by members. If necessary, a message will be relayed to the person concerned, giving appropriate details for a return contact. U3A Campbelltown personnel **will generally** use "Blind Carbon Copy" (BCC) for group emails.

## **HOW TO USE THIS PROSPECTUS**

Work your way through the Prospectus ticking items that interest you. You will find an index at the back.

There is a separately printed enrolment form where you can select your courses. Once you have completed that, add up the cost of your enrolment (\$50 plus individual costs for outings and computer-based courses), and pay it either by direct credit or in person, in cash. Make sure the enrolment form shows all your personal details and membership number.

**The Office must receive your enrolment form for processing to begin. However, your choices will not be entered into the database without appropriate payment.**





## **COURSES (GENERAL)**

### **AUSTRALIAN HISTORY STORIES**

*A self-managed group, Contact Persons: Claire Viscione & Sue Croser, Thursdays, 11:20 am to 12:30 pm.*

These sessions will provide an opportunity for members to share an interest in the history of both our nation and our state. There will be a varied program of talks, discussions, films and guest speakers to stimulate and inform in a friendly, relaxed environment. It will include stories of migrants and may be a time when you can share your own experiences.

### **BACKGAMMON**

*Leader: Kerrie Smith, 1<sup>st</sup>, 3<sup>rd</sup>, & 5<sup>th</sup> Tuesdays of the month, 10:00 am to 12:00 noon.*

You have all seen the old men playing this board game on your travels. Its history can be traced back for nearly 5,000 years. It is a mixture of strategy and luck. This group welcomes both experienced players and newbies.

### **BALANCE AND BONES EXERCISES**

*Leader: Meredith Farmer, Thursdays, 10:15 sharp to 11:15 am.*

*Maximum class size 18*

This class uses a DVD prepared by a fitness instructor from U3ANSW, with exercises both standing and sitting, followed by a meditation session. Suitable for everyone.

***Important: If you have had a fracture or any problem with your bones, seek advice from your medical adviser/s before participating in this program and discuss this with the leader before participating.***



## **BONE DENSITY EXERCISES**

*Leader: Vale Pederson, Thursdays, 9:30 to 10:15 am.*



*Maximum class size 18*

This class will follow the exercise routine compiled by Osteoporosis Australia in partnership with Aventis to improve bone density and strength. It will improve your balance and may help to prevent falls and fractures. Suitable for everyone.

**Important: *If you have had a fracture or any problem with your bones, seek advice from your medical adviser/s before participating in this program and discuss this with the leader before participating.***

## **CHESS GROUP**

*Organiser: Kerrie Smith, every Monday, 1:30 to 3:30 pm.*



*Maximum class size 12*

Perhaps you used to play chess, or you have always meant to learn. Maybe you think it is something you could play with your grandkids. This group will cater for both experienced players and those who want to learn.

Whatever your reason why not give our Chess Group a try, and have a great afternoon making new friends and challenging your brain at the same time.

## **FRENCH FOR TRAVELLERS (Continuing class but come along to check out how you will cope if you are a new enrolment.)**

*Instructor: Marie-Antoinette Galletta, Thursdays, 2:00 to 3:30 pm. Maximum class size 25*



Topics covered over the course of four terms include some basic grammar, conversation and reading practice, sentence construction, vocabulary to help you communicate when travelling to French speaking countries and a travelogue highlighting tourist destinations you might enjoy visiting. If you studied French at school and would like to refresh your memory, this course is for you.

## ITALIAN FOR BEGINNERS

*Instructor: Marie-Antoniette Galletta, Mondays, 12:00 to 1:30 pm. Maximum class size 25*



A simple course designed for people who would like to learn the basics of Italian going at a slow relaxed pace. No textbook required as handouts are provided on each topic covered. Travel to a new destination in Italy each week as you slowly build your vocabulary.

## ITALIAN FOR TRAVELLERS (*Continuing Class*)

*Instructor: Marie-Antoniette Galletta, Mondays, 2:00 to 3:30 pm. Maximum class size 25*



Similar to Marie's French for Travellers course. Enjoy learning the Italian language and its culture with minimal homework in a fun way.

## MAH JONG

*Leaders: Vale Pederson & Helena Woloszyn, Wednesdays, 1:30 to 3:30 pm. Maximum class size 30.*



This is an ancient game, played with tiles, that came to the West from China over two centuries ago. In more recent times it has flourished in Europe and America and has become more complicated. It is good for memory skills and is fun to play. If you enjoy card games, you may enjoy playing Mah Jong. Experienced players and beginners welcome.

## MASTERPIECES OF WESTERN ART

*Instructor: Coralie Creevey, 5 Wednesdays 1:30 to 3:00 pm, 11 March – 8 April*



This course starts by asking how a masterpiece is defined and by whom, then looks at paintings outstanding in colour and pattern, works famous for the narrative they tell, works that attempt to depict the spiritual, and masterpieces of sea and sand where you might expect to find Australian works.

## **MUSIC - KEYBOARD AND OTHER INSTRUMENTS**

*Leaders: Val Orrock & Margie Earl, Thursdays, 1:15 to 3:15 pm.*

Open to players of all skills who enjoy playing music of their choice with a small friendly group. Bring your keyboard, flute, trumpet, etc, and join us for an afternoon of music. No pressure or concerts – just an afternoon of fun. Please bring along the music you like.

## **MUSIC THROUGH THE AGES (The journey continues) *Another course opportunity in the evenings.***

*Leader: Robert Fletcher, Wednesday evenings, 7:30 to 9:30 pm.*

Since 2013 participants have been experiencing music from Gregorian Chant, through the Middle Ages, the Renaissance, the Baroque and Classical eras into the Romantic period, reaching the early 20<sup>th</sup> century in 2019. In 2020 we will continue this journey through the repertoire of the Western art music tradition exploring music from the first half of the 20<sup>th</sup> century, including important composers such as Debussy, Ravel, Rachmaninov, Vaughan Williams, Bax and Holst. The emphasis is on listening and enjoying and notes are provided before each session. While this is a continuing group, others are welcome to join us; the only disadvantage will be not having enjoyed the experiences of the last seven years – but notes on what we have done can be provided.

## **MUSICAL EXPLORATIONS**

*Leader: Robert Fletcher, Fridays, 10:00 to 12:00 noon.*

*Minimum class size: 5*



These sessions will allow participants to explore particular aspects of classical music. While the first two or three sessions will be planned ahead, they will also be used for discussion among participants about the aspects they wish to explore.



## **QIGONG SHIBASHI**

*Leader: Lynn McEwing, Mondays, 9:15 to 10:15 am.*



*Maximum class size 15*

Qigong helps to cleanse the body of toxins, restore energy, reduce stress and anxiety, and helps individuals maintain a healthy and active life. The class follows Simon Blow's DVDs – using energy techniques popular in China. It is excellent for everyone wanting gentle exercise to help reduce stress, improve well-being and promote relaxation.

## **SCRABBLE**

*Leader: Margie Earl, Wednesdays, 9:30 to 11:30 am.*



*Maximum class size 16*

Have you always wanted to play Scrabble? Scrabble is a word board game where players use 100 tiles with printed letters to form words on a 15 x 15 grid with certain "premium squares" to accumulate points. The words are formed across and down in a crossword fashion. This group is for all levels of play, with beginners very welcome.

## **SKETCHING, WATERCOLOUR AND ACRYLIC PAINTING**

*Mondays, 1:00 to 3:00 pm. Maximum class size 16*



This self-managed group meets to do some of their own sketching, watercolour, pastels or acrylic work and to support each other. Visitors and new members welcome.

## **SOCIAL BRIDGE**

*Leader: Kerrie Smith, Mondays, 10:00 am to 12:00 noon.*

A trick taking card game played in groups of four, with two competing partnerships. It is one of the world's most popular card games, particularly among seniors. The group will cater for both experienced players and learners.



Yoga and Tai Chi classes are held at

***Lutheran Homes, 22 Avenue Road, Glynde (Parking available in the car park next to the Church, accessible from 22 Avenue Road or from Edward Street)***

### **TAI CHI for BEGINNERS**

*Leader: Peter Mole, Tuesdays, 12:30 to 1:30 pm.*



*Maximum class size 15*

Slow exercise for mind and body. We follow Dr Lam's styles for Arthritis and Diabetes, but these are suitable for all in our age range.

### **TAI CHI CONTINUING**

*Leader: Anne Fletcher, Tuesdays, 1:30 to 2:30 pm.*



*Maximum class size 30*

This class assumes participants have some previous experience of Tai Chi and is not suitable for beginners.

### **YOGA 1**

*Instructor: Balbir Kaur, Tuesdays, 10:00 to 11:00 am.*



*Maximum class size 35*

A combination of relaxation, breathing techniques and exercise, which combats stress, and helps circulation and movement of the joints. Yoga encourages a balanced all-round development of bodily health and emotional wellbeing.

### **YOGA 2**

*Instructor: Mahima Light, Tuesdays, 11:15 am to 12:15 pm.*



*Maximum class size 15*

A combination of relaxation, breathing techniques and exercise, which combats stress, and helps circulation and movement of the joints. Yoga encourages a balanced all-round development of bodily health and emotional wellbeing.

***PLEASE NOTE: This class will run for Terms 1 and 4. Lessons will run in some weeks of Terms 2 and 3 – dates to be advised.***

## **COURSES (COMPUTING)**

### **APPLE MAC COMPUTER CLASS**

*Tutor: Dennis Ryan, Tuesdays, **Term 2 only**, 1:00 to 2:15 pm.*

Are you an Apple Mac user and would like to get the most from your Mac device? Dennis is a long-time Apple Mac user and he will help you become familiar with the Mac Operating System (OS) and word processing applications. Participants must bring their own laptop for this class.

### **COMPUTING FOR ADVANCED USERS**

*Instructor: Glenda Sherwin-Lane, Thursdays, 9:30 to 11:00 am (9:20 am arrival for set up). **Maximum class size 10***

For those who are familiar and comfortable with the basics, want to expand their knowledge and learn how to make the most of the available software, partake of some mind food and share some laughs along the way. Want to share your favourite recipe, write your family history or develop a household budget? Do you have a story to tell via a presentation? Love taking photos and want to learn how to improve them? The answers to these questions, and more, can be found in this class. Bring your own laptop and mouse (and a sense of humour).



### **GETTING THE MOST FROM YOUR iPad**

*Instructor: Robin Baxter, 3 Tuesdays: 5 & 18 February, 3 March, 10:30 to 12:00 noon. **Maximum class size: 8***

Lesson 1: The iPad, email and surfing; Lesson 2: All about Apps; Lesson 3: Photos, video and entertainment. Full syllabus available on request. Participants are required to bring their own iPad.



## **iPAD USERS GROUP**

*Convenor: Kerrie Smith, First Wednesday of the Month commencing Term 2, 9:30 – 11:00 am*

This group is meant for both new and experienced users, those who have their iPad and those who have yet to buy one. We have 5 iPads available for community use. Together we will explore Apps and share experiences.

## **USING DIGITAL PHOTOS**

*Convenor: Kerrie Smith, Wednesdays, 12, 19, 26 May, 9:30 – 11:30 am*

These classes will help you get started in making photo albums and other objects that use digital photos. You will see a number of examples, and also pick up information on what is available for you to use. This course may be extended by negotiation.

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# **GROUPS & ACTIVITIES**

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## **ARM CHAIR TRAVELLERS**

*Coordinators: Kerrie Smith and Marie-Antoinette Galletta, 4<sup>th</sup> Tuesday of the month, 2:00 to 4:00 pm*

Come and share your stories, show off your souvenirs, and talk about where you would like to visit over tea/coffee and a biscuit. Sometimes we will include an illustrated talk by a member or another traveller.

## **CALLIGRAPHY**

*Leader: Trish Lambert, Thursdays, 1:30 to 3:30 pm.*

*Maximum class size 12*



A visual art related to writing, design and execution of lettering - for those who have learnt this art previously and who wish to improve their skills with like-minded people.



## CARD MAKING

*Leader: Jill Farnham, Wednesdays 19 February, 4 & 18 March, 1 April, 10:00 am to 12:00 noon.*

*Minimum class size 5, maximum class size 10.*

*Cost: \$20*

Participants will learn card making, embossing, die cutting and scoring.



## CIRCLE DANCING

*Teacher: Lyn Porter, Wednesdays, 10:00 to 11:30 am.*

*Cost: \$1 per attendance*

Circle Dancing combines easy to learn steps such as walking, swaying, step touch and more to uplifting music from around the world. With careful teaching, dancers soon find their variations start to fall away as the music plays on and, by the end of the dance, the circle is often moving as one to the delight of us all. The activity is an opportunity for individuals, couples and friends to come together for a fun time while nurturing their health and well-being and learning more about other cultures and musical styles.

Please wear comfortable clothes and suitable shoes and bring a water bottle.

No prior learning required; however, students must be able to stand and move unaided, and be medically capable of participating in a dancing class with gentle to moderately vigorous exercise.



## CRAFT & CHAT

*Leader: Dianne Whittaker, Thursdays, 1:30 to 3:00 pm.*

*Maximum class size 15*

Meet informally with others who enjoy making "things" eg. Embroidery, Scrapbooks, Knitting, Cards, etc.



## **COFFEE & CONVERSATION ABOUT BOOKS**

*Leader: Kerrie Smith, 2<sup>nd</sup> Tuesday of the month, 2:00 to 4:00 pm.*  
Share books, authors and ideas from your current reading over coffee/tea. Enthuse each other about new discoveries.

## **CRIME FICTION READERS**

*Leader: Kerrie Smith, 1<sup>st</sup> Tuesday of the month, 2:00 to 4:00 pm.*  
This group meets to share information about crime fiction titles that they have recently read and to pick up tips for new books to read.

## **FILM GO-ERS**

*Leaders: Jan Ness & Cindy Kaye, 4<sup>th</sup> Monday of the month, 10:00 am to 1:00 pm approx.*

This group will meet at the Palace Nova, Rundle Street East at approximately 10.00 am. We will go to a film chosen by Jan & Cindy (cost \$8.00) and then adjourn to a local cafe for coffee, cake/lunch. If no suitable film is available in the morning, we may opt for an afternoon film starting no later than 1.00 pm.

## **GARDENING GROUP “SNIP & SWAP”**

*Leaders: Vale Pederson, Mondays, 1:30 to 3:30pm, once per term.*  
*Maximum: 20*

The group will exchange plants and gardening tips. Please register your interest and you will be notified of the dates and locations.



## **PHOTO-SHOOTS**

*Leaders: Vale Pederson & Jan Robin, 4<sup>th</sup> Tuesday of the month, usually 9:30 am to 12:00 noon.*

A morning of photography at different locations followed by morning coffee. Sharing of shots on the Camshoot blog is encouraged but not demanded.

## PLAY READING

*Leader: Jill Whittaker, Fridays 28 February & 3 April, 1:30 to 4:00 pm.  
Maximum class size 10.*

The focus in this group is to read one or two plays and to attend a Fringe or Festival play outing. No previous play reading experience needed. This group will continue throughout the year.



## READING FOR PLEASURE

*Leader: Helen Ward, 1<sup>st</sup> Monday of the month, 1:30 to 3:30 pm.  
Maximum class size 10*

***Venue: Campbelltown Library, 171 Montacute Road, Newton.***

Read a set book provided by the library, then share thoughts and criticisms. We will also share other books that we are reading individually.

N.B. If enrolments exceed 10, then we will attempt to start a second group.



## RUMMIKUB AND MORE

*Leader: Marie-Antoinette Galletta, 3<sup>rd</sup> Tuesday of the month, 1:30 to 3:30 pm*

Once a month you can choose to learn how to play a selection of fun games for 2 to 4 players, including Rummikub, Triominoes, Mhing and/or Phase 10. Then enjoy a pleasant afternoon once you have mastered your favourite game or games.

## SUDOKU

*Tutor: Kerrie Smith, Tuesdays, 31 March & 30 June, 1:30 to 3:30 pm.*

Two workshops bringing together those who already know how to play Sudoku and those who wish to learn. It is envisaged that “experienced” players will tutor those wishing to learn. We will look at paper versions and online versions (to play on your iPad or computer).

## **TRAVELLING WITH CONFIDENCE**

*Tutor: Cheryl Johns, 9 weeks commencing Tuesday, 4 February, 1:30 to 3:30 pm*

Cheryl is an accredited travel manager who will advise participants as follows:

Week 1: Introduction to course: Styles of Travel

Week 2: Destination focus – Australia, New Zealand, South Pacific

Week 3: Destination focus - Asia

Week 4: Destination focus – Europe

Week 5: Destination focus - Baltics, Scandinavia, Russia, Iceland, UK, Ireland

Week 6: Destination focus – USA, Canada, South America

Week 7: Destination focus – Africa, Middle East and Islands

Week 8: Planning a trip – Tips, Tricks, Personalising, Dreaming, Planning, Booking

Week 9: Packing, Pacing, While you are away, Check lists, Where to next?

## **VIDEO VIEWERS**

*Leaders: Kerrie & Bob Smith, 2<sup>nd</sup> Thursday of the month, 4:30 to 7:00 pm*

The aim is to watch an award-winning film on the Smart TV, perhaps a Golden Oldie. Participants should consider bringing a camping chair or similar for comfort, although we will be able to move the lounge chairs into the area.

Bring a small plate of something to share, we have heating facilities.



## **WALKING GROUP**

*Leaders: Robin Baxter & Bob Smith, 2<sup>nd</sup> & 4<sup>th</sup> Fridays of the month, 9:30 to 11:00 am.*

*Maximum group size 20.*

Walks are approx. 6 km (1½ hours), commencing at 9.30 am sharp from the Paradise Interchange. Walking shoes are essential. On walks we will stop for a rest but bring water with you. Carry your Senior's Card for use on Public Transport. Published walks may change due to weather conditions. If the forecast temperature is 35 degrees or over, the walk may be cancelled, or a shorter walk starting at 8:30 am may be substituted.



Details of walks are on the website and will be emailed to group members. Dates for Term 1: Fridays, 14 & 28 February, 13 & 27 March.

## **WRITING GROUP**

*Organiser: Kerrie Smith, 2<sup>nd</sup> Monday of the month, 10:30 – 11:30 am*  
Participants try different writing formats by mutual agreement.



# OUTINGS

*Our ongoing thanks to Ros Reddaway as Organiser of our Outings. Please note that bookings are essential and it is important to note the dates in your diary. As numbers are limited, please let Ros or the U3A office know if you are unable to attend so that others may have an opportunity to participate.*

## Term 1

### ABC COLLINSWOOD TOUR

**When:** Friday 21 February 2020

**Time:** 10:15 for a 10:30 start

**Maximum:** 20

**Where:** 85 North East Road, corner Rosetta Street, Collinswood, Adelaide

**Meet:** Inside the ABC reception area

**Cost:** Nil

Watch the behind the scenes working of ABC Radio Adelaide, the ABC TV News Studio, Behind the News Team, the ABC Newsroom and other studios.

**Lunch:** In the ground floor Tregenna Cafe, to be booked in advance.



### JAM FACTORY



**When:** Friday 3 April 2020

**Time:** 10:15 for a 10:30 start

**Maximum:** 20

**Where:** 19 Morphett Street, Adelaide. The North Tce tram stops near Morphett Street

**Meet:** Just inside the Jam Factory

**Cost:** \$4.00

This tour takes you through each of the four Jam Factory Studios: Glass via the independent viewing platform, Furniture, Ceramics and Metal and past ten independent studios, finishing in the gallery. Covered footwear must be worn in all studio work spaces.

**Lunch:** tba

## Term 2

### **THE ADELAIDE KOALA AND WILDLIFE HOSPITAL**

**When:** Friday 15 May 2020

**Time:** 10:45 for a 11:00 am start

**Maximum:** 25

**Where:** 282 Anzac Highway, Plympton

**Meet:** Inside the hospital

**Cost:** \$5.00

This hospital began as the dream of passionate people who wanted a better outcome for the wildlife of this state. Koalas, possums, wombats, echidnas and many other species of wildlife have suffered from car strikes, dog attacks, and most of all from human intervention.

**Lunch:** Highway Inn Hotel, 290 Anzac Highway, Plympton



### **RAA – THEN AND NOW TOUR**



**When:** Friday 12 June 2020

**Time:** 9:45 for a 10:00 am start

**Maximum:** 20

**Where:** RAA Group, 101 Richmond Road, Mile End

**Meet:** Inside

**Cost:** Nil

Years ahead: Then and Now gives an insight into the RAA's history, which spans more than 115 years. The presentation will look at RAA milestones and the tour showcases some of their memorabilia. It covers: RAA through the decades and today; how our state's roads have changed; and a tour of the Head Office at Mile End. Morning tea will be served.

**Lunch:** tba

***Details of Other Outings and Art Gallery Tours will be available in future Newsletters.***

# **ANNUAL GENERAL MEETING**

***Our ANNUAL GENERAL MEETING will be held on Friday, 6 March in the Front Room of the Marchant Community Centre, 2:00 – 4:00 pm.*** Reports and election of officers to the Board will be followed by a talk by Sandra Ullrich from Adelaide Bee Sanctuary. Sandra will speak about the Sanctuary in providing a safe haven for bees while promoting the principles of urban bee keeping. She will bring with her some bee related products to look at or purchase if desired.

Attendees are requested to bring a small plate of afternoon tea. The Annual Report will be available from our website one month before the meeting.

Please consider nominating to become part of the Board.



## **A.G.M. Friday, 6 March - Nomination Form for Position on Board of Management of U3AC in 2020**

Name:.....

Position: .....

Proposed by:.....

Seconded by: .....

**Please return to Secretary/U3AC Office, Marchant Community Centre  
OR Post to: P.O. Box 359 CAMPBELLTOWN 5074**



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## **GENERAL MEETINGS & GUEST PRESENTERS**

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*Meetings in 2020 will generally be arranged for 2:00 pm start.  
Members are requested to bring a small plate of afternoon tea to  
share.*

*If you have a suggestion for a guest presenter please give the details  
to the Office.*

**WATCH FUTURE NEWSLETTERS & WEBSITE FOR DETAILS**

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## **NOTES**

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**CAMPBELLTOWN  
SOUTH AUSTRALIA**

**U3A CAMPBELLTOWN INC**

**ABN 47 874 424 693**

**Office: (NO MAIL SERVICE)**

**Marchant Community Centre, 338 Gorge Road, Athelstone  
Bus 178 Stop 35**

**Postal: ALL MAIL PLEASE**

**PO Box 359, Campbelltown SA 5074**

**Phone: 08 8337 7940**

**Email: [campbelltownu3asa@bigpond.com](mailto:campbelltownu3asa@bigpond.com)**

**Website: <http://www.u3acampbelltownsa.org.au>**

### **Office Hours**

**Wednesday, 29 and Thursday, 30 January 9:15 to 11:15 am  
and then Wednesdays and Thursdays: 9:15 to 11:15 am,  
(not during school holidays after Term 1).**

### **2020 Term Dates**

**Term 1: Monday, 3 February – Friday, 9 April**

*(NOTE - U3A term starts 2<sup>nd</sup> week of first school term)  
(Easter: 10 to 13 April; School holidays: 10 to 26 April.)*

**Term 2: Monday, 27 April – Friday, 3 July**

*(School holidays: 4 to 19 July)*

**Term 3: Monday, 20 July – Friday, 25 September**

*(School holidays: 26 September to 11 October)*

**Term 4: Monday, 12 October – Friday, 11 December**

*(School holidays: 12 December to 31 January)*