



U3A Campbelltown South Australia Inc
Supported by Campbelltown City Council

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Office Hours: 9:15 – 11:15 am Wednesday and Thursday (NOT DURING SCHOOL HOLIDAYS)
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From the President



Happy Easter! It has certainly been a busy term and is flying by. This newsletter includes information about classes and vacancies for Term 2, so if you are looking for new opportunities, please book in soon.

We had a very positive attendance for our AGM in March and welcomed both our State U3A President Derek Bowman and the Hon John Gardner who has been a longtime supporter. The AGM was a great opportunity to recognise many of our members milestones with U3ACSA and in particular to offer life membership to some members who have given many years of service and leadership.

Thank you to our new life members- Dick Arthur, Chris Ashenden, Anne Bovington, Mireille Daw, Marg Earl, Val Orrock, Ros Reddaway and Glenda Sherwin Lane.

We farewelled Ann Richardson and Paddy McKay from the Board and thanked them for their long-term contributions. Our 2026 Board members are detailed in this newsletter. One of the tasks for the Board in 2026 will be to review and update the U3ACSA Constitution in readiness for next year's AGM.

Enjoy your autumn break and we will be back for Term 2's classes on 27 April.

Regards

Katrina

Katrina Spencer
 President U3A Campbelltown SA Inc
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INTRODUCING THE 2026 BOARD OF MANAGEMENT

On Friday 6 March, U3A Campbelltown held its Annual General Meeting with a very pleasing high attendance of members to hear Katrina Spencer's President's Report and Treasurer, Paddy McKay, deliver her final Financial Report. When the Board positions were declared vacant, Jill Whittaker, Mayor of Campbelltown, took over as Returning Officer and the new Board were all elected unopposed. Further to the AGM, the website has been updated and a copy of the Annual Report is available for downloading: <https://u3acampbelltownsa.org.au/>



The following people were elected to the 2026 Board of Management:

Katrina Spencer	President
Graziella Rosmini	Secretary
James Schapel	Treasurer
Wendy Richards	Curriculum Manager
Kathryn Schapel	Member Wizard Administrator
Glenda Sherwin-Lane	Public Officer
Board Members:	Lyn Arnold, Diane Eichmann,
Marie-Antoinette Galletta, William Hackett,	
Jan Ness, Ros Reddaway and Kerrie Smith	

Following the AGM, U3ACSA members were acknowledged in the following categories:

- 36 members with 10 Years plus to March 2026
- 26 members with 15 Years plus to March 2026
- 13 members with 20 Years plus to March 2026

In addition, a further eight members were awarded life membership with our guest of honour, the Hon John Gardner, MP, distributing certificates to them.

A fabulous afternoon tea followed the meeting.

Further photos from this event can be found at the end of this newsletter.



CLASS NEWS

New Members

For Term 1 this year, we welcomed 79 new members:

Bavaro, Lina	Graham, Victoria	O'Donnell, Devi	Thompson, Mari
Berlingo, Rose	Griffin, Bronwyn	Payne, Brenton	Thompson, Mark
Bickerton, David	Harris, Judy	Pearce, Derek	Thorpe, Bea
Boase, Debra	Heathcote, Michael	Peel, Kate	Thorpe, Steve
Brown, Helen	Heffernan, Phillippa	Pers, Gillian	Tindall, Kay
Burbidge, Charlie	Hill, Dianne	Pers, Paul	Tolcvay, Margaret
Buzza, Carolyn	Iacobelli, Aldo	Pfaffle, Sigrid	Tomlinson, Mardi
Chan, Alice	Iacobelli, Debbie	Phipps, Edward	Trigg, Ann
Cheah, Kok Eng	Ireland, Wendy	Piotto, Fred	Trimboli, Ruth
Cheang, Manu	Lam, Sen	Primiero, Leonie	Turnbull, Fiona
Cook, Debra	Lee, Victoria	Primiero, Mario	Turnbull, Neville
Cornelius, Karen	Marrone, De-Arna	Prior, David	Walsh, Deborah
Day, Kathy	Mason, Candy	Prior, Eleanor	Wickham, Liz
Denson, Linley	MacDonald, Breda	Rearson, Shirley	Williams, Greg
Domagalski, Jeanne	McDonald, Donald	Riggall, Jenifer	Williams, Michelle
Dottore, Veronica	McGee, Penny	Runcis, Ingrida	Williamson, John
Duncan, Christine	McVeigh, Noel	Sarantaugas, Andrea	Wood, Margaret
Ferreira, Nela	Monks, Di	Sargeant, Rosemary	Work, Susan
Francis, Carol	Mullin, David	Sladden, Kerry	Wright, Gill
Fung, Ava	Mullin, Sue	Soper, Margaret	Yap, Lai Fong

We also welcome back Margaret Tolcvay.

CLASS NEWS (Cont'd)

Class Update

It is very pleasing to advise that, in 2026, we have 398 members who are attending 243 classes or activities for the year.

The following classes are full:

Agatha Christie Reading Group	Mah Jong
Balance and Bones 2	Photo Shoots
Bus About – Gold	QiGong Shibashi
Chair Yoga	Reading for Pleasure
Coffee & Conversation About Books	Tai Chi Beginners
Craft and Chat	Tai Chi/Shibashi Continuing
Let's Do Lunch	Yang Tai Chi

The following classes have limited vacancies:

Armchair Travellers	4	Italian for Beginners	1
Art Gallery Excursion	2	Italian for Travellers	4
Balance and Bones 1	2	Knitting – Mosaic Knitting	2
Bridge	5	Ladies Friendship Group	1
Bus About – Blue	1	Line Dancing Wednesday	1
Bus About – Green	1	Music – Keyboard & instruments	5
Canasta Club	4	Play Reading	2
Computing Coffee & Chat	5	Scrabble	3
Creative Writing	2	Ukulele for Beginners	1
Crime Fiction Readers	5	Ukulele Rock & Roll, Calupso & Reggae	1
Easy Walkers on Monday	2	Video Viewers	4
Film Buff Odyssey	3	Walking from the Gums to the Gums	3
French Travellers	5	Yoga Intermediate	1

Term 2 New Classes

Golden Minds

Leader: Wendy Richards, Thursday, 25 June, 9:30 to 11:00 am, Room 2. Maximum group size: 20

This session features engaging cognitive games using iPads and pen and paper. These activities focus on enhancing memory, attention and problem-solving skills, helping keep your mind sharp and making everyday tasks easier.

Making a Photobook

Tutors: Kerrie Smith and Vale Pederson, Fridays, 12, 19 and 26 June, 2:00 to 3:30 pm, Room 2.

Maximum group size: 10

A series of sessions aimed at advising how to go about using your own photos (or scanned images) to create photobooks. The focus will be on the steps you need to take to get started, and the device/software you could use.

- Session 1 General principles, lessons learned by experienced photo bookers
- Session 2 Specific Software: Photo book.com and others
- Session 3 Specific Software: Albumworks and others

It is planned that follow up sessions aimed particularly at problem solving will be held if required.



Which Device Will Suffice

Tutors: Robin Baxter, Kirt Highett and Kerrie Smith Thursday, 28 May, 9:20 to 11:00 am, Room 2.

Maximum group size: 12

An information session to help participants to decide which device they should buy or run: desk top computer, laptop, iPad, Android tablet, or just a phone. It will focus on the advantages and limitations of various devices. Current members are welcome to attend with regard to the device they already have.

CLASS NEWS (Cont'd)

Term 2 New Classes (Cont'd)

Heritage Crafts: Needle Felting – 2 vacancies

Tutor: Katrina Spencer, Wednesdays, 6 and 12 May, 10:00 am to 12:00 noon, Room 3

Cost: \$5 per session to cover wool fibre, felt and needles, payable at the first session.

Needle felting uses a barbed needle to bind together wool fibres to make and decorate wool fabric. This can be used for both 2D and 3D objects including pictures, bowls and ornaments. In this **2-week hands-on class**, you will learn the basics of shaping, layering and detailing wool, and create/start your own unique felted piece to take home. **BYO scissors** and, if you wish to embellish with embroidery threads, beads etc, please bring these and needles.

Possible Projects:- Little pictures, Book marks, Christmas ornaments



Heritage Crafts: English Paper Piecing Patchwork (EPP) – 5 vacancies

Tutor: Katrina Spencer, Wednesdays, 20 and 27 May, 10:00 am to 12:00 noon, Room 3

Cost: \$5 per session to cover fabric, templates and thread, payable at the first session.



English Paper Piecing (EPP) is a relaxing hand-sewing technique used to create precise patchwork designs. Small fabric shapes are wrapped around paper templates and stitched together by hand, allowing for intricate patterns. In this

2-week class, you will learn the fundamentals of cutting, basting and stitching, and begin your own patchwork project to take home. **BYO scissors and needles.**

Possible Projects:- Key ring, Pincushion, Project bag, Tea Cosy

Heritage Crafts: Traditional Woven Buttons – 2 vacancies

Tutor: Katrina Spencer, Wednesdays, 3 and 10 June, 10:00 am to 12:00 noon, Room 3

Cost: \$5 per session to cover darning needle, glue, templates and thread, payable at the first session.

The heritage craft of traditional woven button making originated in England in the 17th and 18th centuries, and were once an important cottage industry. Dorset buttons typically feature rings wrapped and intricately woven with thread, while Yorkshire buttons are often built over a small mould to create raised designs. Using simple tools, thread and a little patience, in this **2-week class** you will learn how to wrap, weave and finish your own decorative buttons. **BYO scissors.**

Possible Projects: Basic buttons, Decorative brooch



Heritage Crafts: Sashiko – 2 vacancies

Tutor: Katrina Spencer, Wednesdays, 17 and 24 June, 10:00 am to 12:00 noon, Room 3

Cost: \$5 per session to cover yard, needles, templates and thread, payable at the first session.



Sashiko is a traditional Japanese stitching technique that combines simplicity and geometric design.

Originating in rural Japan centuries ago, Sashiko was first used to reinforce and repair clothing, especially by farming communities who layered stitches for warmth and durability. Using a simple running stitch with contrasting thread, in this **2-week class**, you will learn the basic stitches, pattern transfer techniques and finishing methods, to create your own piece to take home. **BYO scissors.**

Possible Projects: Book mark, Square - potholder or coaster, Card or framed picture

Returning Class for Term 2

Secular Meditation

Leader: Annie Cousins, Mondays, 3:00 to 4:00 pm, Room 3. Maximum group size: 12

Meditation is very simple even when life feels complicated and difficult. When we find time to pause and be quiet, we can discover that meditation is not something that we have to learn to do, it is what we already are - always present and available. Meditation is effortless as we become mindfully aware of what fills our field of attention, so that we can let it go. With a little practice, we can experience the space and relief of just being as we are. No belief or prior experience is required, just a willingness to stop, relax, and be guided through the experience. All are welcome.

CLASS NEWS (Cont'd)



Singing for Pleasure

This term we are singing songs each week that have been grouped into themes: Roses, weapons, prepositions, hearts, dancing, right and wrong, shapes and birds.

Bus About

The Gold Bus About Group explored the Marion shopping centre on the February outing. Wow, it's really big! Plenty of shopping and food to be had. We had a ride on four buses and saw 'interesting' architecture in the suburbs we passed through.



The Blue Bus About Group had 50% of the group absent for our first trip of the year. But, we soldiered on, and had a lovely day out at Marion shopping centre. This group also travelled in March. We went to the city and rode the free city connector bus to North Adelaide and down Montefiore hill to the Adelaide Central Market. An interesting day out and about.



The first Friday of the month occurred on 6 February, when the Bus About Green group, led by Kathy Cody, ventured out on their mystery bus trip and ended up at the vast Marion Shopping Centre, where we had the opportunity to do some shopping and to have lunch, before embarking on our return journey home. The group is pictured at a bus stop on North Terrace in the city.



Circle Dancing



The Circle Dancing group has had a disruptive start to the year but with strong leadership we have managed well. We have had to move to Foxfield Oval Hall, while the Council repairs the floor at Athelstone Community Hall. This year the Circle Dancing group has increased in numbers to forty members. Two large circles are normal each week. Having experienced dancers on the inside circle gives each beginner someone to watch and follow their steps to learn any new dances. New members have said: Circle Dancing feels like meditation, the music fills my head with good thoughts and blocks the bad thoughts;

I feel like I'm dancing with friends already. Each week our Tutor Lyn displays a different centre piece. A lovely focal point as we move around the circle. The centre piece in the photo is to highlight International Women's Day.

Each week, a large group from Circle Dancing meet after dancing at the Indigo Cafe to chat and learn more about each other. At the end of this term, we will do Circle Dancing in Thorndon Park followed by lunch at the Rezz.

Italian Classes



With classes beginning on Monday, 2 February, both Marie's Italian for Beginners and Italian for Travellers classes took part respectively in an emergency evacuation drill, gathering in the far corner of the car park at the assembly point. Mardi Tomlinson, who is one of several



students undertaking both classes, graciously volunteered to be the class warden for these exercises. Thank you, Mardi.

CLASS NEWS (Cont'd)

Rummikub

On Tuesday, 3 February, the first sessions of the popular Rummikub game were held in the front room of the Marchant Centre. There are still a few vacancies if you would like to join this group who play from 1:30 until 3:30 pm on the first, third and fifth Tuesday of the month. If interested, please contact the office, or contact Marie-Antoinette Galletta, or simply come along to give it a try on a Tuesday afternoon when we are playing Rummikub.



French for Travellers



Thursday, 5 February, saw Marie's French for Travellers class take part in an emergency evacuation drill. Two other groups also participated (the Craft & Chat group, and the Music - Keyboard and Other Instruments group). However, they did not wish to be photographed. Thanks to Kay Bass who volunteered to be the class warden.

Armchair Travellers

We have an interesting program lined up for members of the Armchair Travellers group, which started off this year on Tuesday, 24 February by watching two presentations. Firstly, Lok Lee talked about a trip to Croatia which he enjoyed a few years ago. Then Marie Galletta shared some of her photos from last year's trip to Morocco. If anyone would like to do a presentation to this group on any of their travels, please contact either Kerrie Smith or Marie Galletta, who would love to hear from you and can help answer any queries you might have.



Let's Do Lunch

On Friday, 13 February, the Let's Do Lunch group enjoyed their first meal together for the year at the Dawn to Dusk Cafe Restaurant in Graves Street at Newton. The wide selection of reasonably priced food was delicious and the convivial company added to the jovial atmosphere. A truly enjoyable afternoon was had by all with only a few people being able to fit in a sumptuous dessert.



On Friday 13 March, members of the Let's Do Lunch group enjoyed the welcoming atmosphere of the Paradise Hotel, which is under new management. The reasonably priced seniors menu included a bowl of soup before the main course and a good selection from the salad bar. Thanks to Jan Ness for organising these delightful gatherings. We are all looking forward to our next outing which occurs during the school holidays on Wednesday, 15 April to Our Place at Willunga and the bus trip to take us there.

CLASS NEWS (Cont'd)

Line Dancing

Line dancing is an excellent tool to nurture one's cognitive function, bones and muscles correlatively, and have fun simultaneously.



Art Gallery Tour

The Art Gallery group had their monthly tour on Friday, 6 March. We viewed part of the 2026 Adelaide Biennial of Australian Art, titled "Yield Strength". All of the works were contemporary with some challenging, but all of them were interesting with our guide providing background information and some explanations. An interesting experience for everyone.

Easy Walkers Monday

Our original small group has grown in size and we have "morphed" into smaller groups according to various walking capabilities to suit everyone. Remember our "winter" start time is **9:30 am for Terms 2 and 3**.

Friday Walking Group

The Friday Walking Group has welcomed two new walkers with another hopefully joining the group before the end of term. Whilst "out and about" we have seen some big buck kangaroos at Black Hill, many koalas in Morialta and lots of the feathered variety.

Term 2 Dates – Let's Do Lunch and Play Reading

Let's Do Lunch: Fridays, 8 May, 12 June and 10 July

Play Reading: Fridays, 8 May and 3 July

MEET AT THE GENERAL MEETING

General Meetings are held each term in the Middle Room of the Marchant Centre from 2:00 to 4:00 pm. We label them General Meetings – in fact they are our once-a-term opportunity for members to gather, hear someone speak on an interesting and relevant topic, and chat over a cuppa with people outside our own class or group. It is an important part of maintaining the friendly atmosphere we all enjoy at U3A Campbelltown South Australia.



Our next get together will be on **Friday, 29 May**. Stephen Richards, who is a member of U3A South Coast, will give a zoom presentation "Introduction to AI". Artificial Intelligence is here to stay and it is important we are kept informed with regard to how it works and how it affects us.

It would be appreciated if attendees could please bring a small plate of afternoon tea to share.

Members are welcome to provide ideas for speakers, suggestions or referrals for General Meetings. Please forward your ideas via email to admin@u3acampbelltownsa.org.au – Attention Diane Eichmann.

DIARY DATES



Monday, 13 April – Leaders and Tutors Thank You

Wednesday, 15 April – Lunch at Our Place, Willunga

Monday, 27 April – Term 2 Commences

Friday, 15 May – Board Meeting

Friday, 22 May – Bus Trip to Old Tailem Town Pioneer Village

Friday, 29 May – General Meeting

Friday, 3 July – Term 2 Concludes

Monday, 20 July – Term 3 Commences

Bus Outings

Lunch at Our Place, Willunga

Date: Wednesday, 15 April
Meet: Marchant Centre
Time: 9:30 am
Cost: \$40 for degustation menu + \$40 for bus transfers
Numbers: Only 5 places left



Our Place is owned and operated by chef Andy Clappis with assistance from his 95 year old father Enzo. On the weekends, they offer an eight course "degustation" menu costing \$100.00 but U3AC is being offered the same menu for **\$40.00**. All of the food is seasonal and much of it is grown on the property or sourced from local farmers.

The courses are served over about 2 hours. There will be two buses available to take members from the Marchant Centre and return. This will be an additional \$40.00. The buses will leave the Marchant Community Centre at 9:30 am and return about 5:00 pm. There will be a comfort stop/coffee break at McLaren Vale on the way to Willunga, and you will arrive at Our Place at approximately 1:00 pm for lunch beginning at 1:30 pm. The total cost per person is \$80. If you wish to be included please drop into the office, enrol and pay or you can book online through Member Wizard. Make sure you choose both Willunga Hill degustation and Willunga Hill Bus and then pay by direct credit. If you pay online, please email the office to say that you have paid.

Old Tailem Town Pioneer Village



Date: Friday, 22 May
Meet: Marchant Centre
Lunch: Murray Bridge Club
Total Cost: Approximately \$95

We are currently planning a bus trip from the Marchant Centre to the Old Tailem Town Pioneer Village on Friday, 22 May. This will be followed by a two-course lunch at the Murray Bridge Club with the total estimated cost to be \$95. If you are interested, please tick the box on the enrolment form. More details will be provided once everything is confirmed.

GENERAL NEWS

Leaders and Tutors Thank You

On Monday, 13 April, we will be holding a light lunch for leaders and tutors to meet with the Board and provide an opportunity to share and give feedback and ideas for the future.

Volunteer Office Staff Needed

We are looking for new volunteers to assist in our office. Training will be provided on Wednesday mornings from 9:15 to 11:30 am and will include information about opening the building as well as general office administration duties.

OFFICE STAFF
Volunteers Needed !!

Marchant Centre Car Park

Members are asked to not park in the **designated kindergarten pick up spaces** in the afternoon. If there is insufficient parking at the Marchant Centre, please make use of the car park across the road in front of Da Mario's Pizza.



Thank You

As you would be aware, John Gardner, MP for Morialta, is retiring from this role this month. For many years, John and his office staff have kindly printed our newsletters and AGM Reports. We are very grateful for their support and wish them well in their future endeavours.

GENERAL NEWS (Cont'd)

Marche Club Lunch - CANCELLED

Unfortunately, the Marche Club has decided to cancel its lunches and so please delete this event from your diary.

Ageing Well in Campbelltown Program

Staying physically and socially active as we age is important for our health and wellbeing. The Campbelltown Council's ageing well information and activity series offers a wide range of events, ensuring there's something for every interest.

Future events include:

10 April	Alert SA and Library Digital Information Talk	10:00 am to 11:00 am
23 April	Remember When	10:00 am to 11:00 am
27 April	KESAB Waste and Recycling Facility Bus Tour	9:30 am to 1:45 pm

Further details are available on the Council's website.

Meet the Author at Campbelltown Council's Function Centre

On Tuesday, 21st March, Hannah Kent, will be speaking about her latest book, 'Always Home, Always Homesick: A Memoir'. Tickets are \$5 per person, which includes a glass of wine or soft drink on arrival. The evening will feature an in-conversation interview with Sonja Lawrance, audience Q&A and book signings. Bookings are available via Humantix.

Qigong Workshops with Master Simon Blow

Master Simon Blow from Sydney is returning to Adelaide for the second year to teach two whole day Qigong workshops. The first workshop will be held on Friday, 17 April, at The Tara Hall, Buddha House, 496 Magill Road, Magill from 9:30 am to 4:00 pm. The second workshop will be held on Saturday, 18 April, at the McLaren Vale Institute Hall, 155 Main Road, McLaren Vale from 9:30 am to 4:00 pm.

Whether you are new to Qigong or have a current interest, there is a wonderful opportunity to spend a day or two, with a Qigong Master who will take you through the basic simple moves of this holistic healing system which is one of the traditional methods in Chinese Medicine.



Each day costs \$135 or \$250 to attend both. Although Simon regularly trains Qigong teachers as well as teaching groups in China and is an author of numerous books and DVDs, he is an excellent teacher for absolute beginners as his gentle style of Qigong is oriented towards healing the whole body and mind, rather than developing martial arts training. Qigong calms the mind, reduces stress, improves blood circulation, restores energy, increases strength and mobility cleanses the body of toxins and inflammation and leaves you with a positive state of wellbeing.

If you would like more information or questions please contact Annie Cousins - anniecousins46@gmail.com or telephone Churn Chi Koay on 0488 356313 who is organising the two-day event and taking the bookings. This photo was taken at the workshop held in April 2025 with some members of the U3A Qigong class.

KEEP SMILING

A Boomer couple went to breakfast at a restaurant where the "Seniors' Special" was 2 Eggs, Bacon, Hash Browns and Toast for \$2.99.

"Sounds good" the wife said "but I don't want the eggs."

"Then I'll have to charge you \$3.49 because you're ordering a la carte" the waiter warned her.

"You mean I'd have to pay for not taking the eggs?" the wife asked incredulously.

"YES!" stated the waiter.

"I'll take the special then" the wife said.

"Great. How do you want your eggs?" the waiter asked.

"Raw and in the shell" the wife replied.

She took the two eggs home and baked a cake.



GENERAL PHOTOS

Leaders and Tutors Meeting

Wednesday, 21 January, was the start of the 2026 year for the leaders and tutors of U3A Campbelltown with a meeting held in the front room of the Marchant Centre. President Katrina Spencer pointed out the board's vision for this coming year, along with many practical issues and procedures being discussed. Everyone is looking forward to a brighter and more successful future.



New Members Morning Tea



On Thursday, 29 January, an invitation was extended to new members of U3A Campbelltown to meet each other, some board members and some tutors. President Katrina Spencer welcomed everyone and encouraged them to mingle and chat while they enjoyed their morning tea. She was very happy to answer any questions and helped guide small groups on a tour of the premises. It was a friendly way for newcomers to get to know the Marchant Centre and some of the U3A volunteers.

Happy 80th Birthday Kerrie!

On Sunday, 8 February, some of Kerrie Smith's friends were treated to High Tea on board the Popeye during a cruise along the Torrens River to celebrate Kerrie's 80th birthday which occurred on the Monday. At one stage, the captain of the vessel allowed Kerrie to take the wheel while he stood close by and watched in trepidation, ha, ha! A wonderful time was had by all as the bubbly flowed freely. Many happy returns, Kerrie! Here's hoping 2026 is a very special, happy year for you.



Aboriginal Culture Centre at Port Adelaide

On Friday, 27 February, a small group of U3A members travelled to Port Adelaide to visit the Aboriginal Cultural Centre, Yitpi Yartapuultiku, which is both a sacred and safe place with areas such as Ngangkinkannga (Women's place) and Pangkarrila (Men's place) clearly marked. There was beautiful artwork throughout the place which we admired. We roamed the peaceful walking tracks, sat in the shady nooks, watched the video explaining the concept behind its creation along with the work involved and the opening ceremony. We also browsed the gift shop and welcomed a rest in the café.



After our informative visit, we went to the Lighthouse Wharf Hotel for a classic pub meal upstairs, overlooking the picturesque Port River area. Many thanks to Ros Reddaway for her excellent choice of a venue for our outing. We really appreciate all the hard effort Ros has put into these wonderful experiences over the years.



GENERAL PHOTOS (Cont'd)



Chinese New Year

U3A members welcomed in the Chinese New Year of the Horse on Friday, 20 February, at Ming's Palace in Gouger Street in the city. As always, the 10-course banquet started off with the prosperity tossing of the good fortune Lo Hei salad and progressed through course after course of mouthwatering, delicious Chinese dishes, including Ming's Peking Duck, coral trout, chicken, steamed scallops, salt and pepper prawns, pork spare ribs, duck meat noodles, broccoli in garlic sauce, and a fruit platter. The lucky raffle winners shared a total of 22 prizes, and everyone left happy, sated and looking forward to a prosperous new year!

International Women's Day

Although International Women's Day occurred on Sunday, 8 March, the Campbelltown Council held its annual celebration of this year's 10 Women of Campbelltown on Thursday night, 12 March at its Function Centre. Attendees listened to Mary Centofanti of Davroe being interviewed as she shared her life history and long involvement with the company that she joined at 15 years of age. The ladies all received a gift pack on arrival and enjoyed a light supper, before being introduced to the 2026 Women of Campbelltown, whose posters will be on display at the library for the next twelve months. After the raffle draw, the night ended with the announcement of the candidates for next year's awards, one of whom will be Glenda Sherwin-Lane. Several U3A members were present, as pictured here.



More AGM Photos



Certificates and a pen were presented to those people who had been a member of U3A Campbelltown for 10 years or longer. The photo shows some of the recipients of the 10 year + certificates.



Jill Whittaker, Mayor of Campbelltown, was presented with a plant as a thank you for her assistance with the election of the Board Members.

U3A CAMPBELLTOWN ACTIVITIES, COURSES, GROUPS & OUTINGS TERM 2 2026

If you are unwell or have any symptoms of cold or flu, please DO NOT come to classes..

Further information on courses, content and leaders are available on our Website <http://www.u3acampbelltownsa.org.au>

DAY	TIME	Classes & Groups	LOCATION
Every Morning	8:00-8:30	Walking from The Gums to The Gums	The Gums
Monday am	9:30-10:30	Easy Walkers on Monday	Thorndon Park
Every Monday	9:30-11:30	Bridge	Marchant C.C./Front Room, Room 1
Every Monday	9:30-10:25	QiGong Shibashi	Marchant C.C./Middle Room, Room 2
Every Monday	10:30-11:45	Yoga- Intermediate Level	Marchant C.C./Middle Room, Room 2
Every Monday	10:00-12:00	Knitting, Beyond Beginners, Mosaic	Marchant C.C./Back Room, Room 3
Monday pm	1:00-3:00	Sketching, Watercolour & Acrylic Painting	Marchant C.C./Back Room, Room 3
Every Monday	1:30-3:30	Chess	Marchant C.C./Front Room, Room 1
Every Monday	1:30-3:30	Canasta Club	Marchant C.C./Front Room, Room 1
Every Monday	12:00-1:30	Italian for Beginners	Marchant C.C./Middle Room, Room 2
Every Monday	2:00-3:30	Italian for Travellers (Continuing)	Marchant C.C./Middle Room, Room 2
Every Monday	3:00-4:00	Secular Meditation	Marchant C.C./Back Room, Room
1 st Monday	1:00-2:00	Reading for Pleasure	Campbelltown Library
2 nd Monday	12:00-1:00	Creative Writing	Marchant C.C./Front Room, Room 1
Tuesday am	9:30-9:50	Bone Density - Jumping in the Park	Foxfield Oval
Every Tuesday	9:15-10:00	Yoga 1 9:15 – 10:00; Yoga 2 10:10-11:10	Campbelltown Uniting Church
Every Tuesday	10:00-12:00	Ladies Friendship Group	Marchant C.C./Middle Room, Room 2
Every Tuesday	11:15-12:00	Tai Chi (Beginners)	Campbelltown Uniting Church
1 st , 3 rd , 5 th Tues	10:00-12:00	Backgammon	Marchant C.C./Front Room, Room 1
2 nd Tuesday	Mornings	Film Go-ers: from 10:15 am	Regal Cinema, Kensington Rd
4 th Tuesday	9:30-12:00	Photo Shoots	To be advised
Tuesday pm	12:00-12:45	Tai Chi-seated	Campbelltown Uniting Church
Every Tuesday	1:30-2:30	Tai Chi & Qi Gong Shibashi	Campbelltown Uniting Church
1 st Tuesday	2:00-3:30	Crime Fiction Readers	Marchant C.C./Middle Room, Room 2
1 st , 3 rd , 5 th Tues	1:30-3:30	Rummikub	Marchant C.C./Front Room, Room 1
2 nd Tuesday	2:00-4:00	Film Buff Odyssey	Marchant C.C./Middle Room, Room 2
2 nd Tuesday	2:00-4:00	Coffee & Conversation About Books	Marchant C.C./Middle Room, Room 1
3 rd Tuesday	1:30-4:30	Agatha Christie Reading Group	Marchant C.C./Middle Room, Room 2
4 th Tuesday	2:00-4:00	Armchair Travellers	Marchant C.C./Middle Room, Room 1
Wednesday am	9:30-11:30	Scrabble	Marchant C.C./Middle Room, Room 1
Every Wednesday	10:00-11:00	Circle Dancing (arrive 9:45)	Foxfield Oval Hall until further notice
Every Wednesday	10:00-11:30	Singing for Pleasure	Marchant C.C./Middle Room, Room 2
Wednesdays May/June	10:00-12:00	Heritage Crafts – see newsletter page 4	Marchant C.C./Back Room, Room 3
Every Wednesday	12:00-1:00	Chair Yoga	Marchant C.C./Middle Room, Room 2
Wednesday pm	1:30-3:30	Mah Jong	Marchant C.C./Middle Room, Rms 1&2
Every Wednesday	3:00-4:00	Ukulele for Beginners	Marchant C.C./Back Room, Room 3
Every Wednesday	3:30-5:00	Line Dancing 1	Foxfield Oval Hall until further notice
Thursday am	9:00-10:00	Balance & Bones Exercises 1	Marchant C.C./Front Room, Room 1
Every Thursday	9:30-9:50	Bone Density - Jumping in the Park	Foxfield Oval
Every Thursday	10:00-11:15	Balance & Bones Exercises 2	Marchant C.C./Front Room, Room 1
Every Thursday	11:00-12:00	Ukulele: Rock and Roll, Calypso and Reggae	Marchant C.C./Back Room, Room 3
Every Thursday	12:00-1:00	Yang Tai Chi	Marchant C.C./Front Room, Room 1
1 st & 3 rd Thursday	9:20-11:00	Computing, Coffee & Chat - Be Connected	Marchant C.C./Middle Room, Room 2
Thurs 28 May	9:20-11:00	Which Device will Suffice (Prospectus page 29)	Marchant C.C./Middle Room, Room 2
Thurs 25 June	9:30-11:00	Golden Minds (Prospectus page 20)	Marchant C.C./Middle Room, Room 2
1 st Thursday	11:30-12:30	Family History Interest Group	Marchant C.C./Middle Room, Room 2
2 nd & 4 th Thursday	11:30-12:30	Australian Stories – Past and Present	Marchant C.C./Middle Room, Room 2
Thursday pm	1:15-3:15	Music - Keyboard and Other Instruments	Marchant C.C./Back Room, Room 3
Every Thursday	1:30-3:30	Craft & Chat	Marchant C.C./Front Room, Room 1
Every Thursday	2:00-3:30	French for Travellers	Marchant C.C./Middle Room, Room 2
2 nd Thursday	4:30-7:00	Video Viewers	Marchant C.C./Front Room, Room 1
Friday	9:15-11:15	Walking Group	Meeting place tba
Every Friday	10:30-12:00	Line Dancing 2	Foxfield Oval Hall until further notice
Fridays 12,19,26 June	2:00-3:30	Making a Photobook	Marchant C.C./Middle Room, Room 2
1 st & 2 nd Fridays Monthly	9:00-2:00	Bus About (dates advised by leader)	Bus Stop near Baptist Church
1 st Friday Monthly to Nov	10:30-11:30	Art Gallery Tours	Art Gallery, North Terrace
8 May, 3 July	1:30-4:00	Play Reading	Marchant C.C./Middle Room, Room 2
2nd Friday	From 12:00	Let's Do Lunch	Venue tba
Friday 29 May	2:00-4:00	Stephen Richards Intro to AI on Zoom	Marchant C.C./Middle Room, Room 2
Bus Outing – proposed – Tailem Town – Friday 22 May			
Board Meetings: 15 May, 24 July, 11 Sep; 13 Nov.			Marchant C.C./Middle Room, Room 2